

Pillowcase Dress for Haiti

Pattern & Instructions

Supplies

1. New or gently used pillowcase—any size— cotton or poly/cotton is best. Avoid synthetics as they are uncomfortable in Haiti's hot climate and do not mate well with bias cotton bindings. Also prints and patterns are preferable over solids.
2. ¼" to ½" elastic—two 7" pieces
3. ½" wide, double fold bias tape—two 27" pieces. (Note: A 3 yard package of ready made tape will yield four 27" pieces, enough for two dresses.)
4. Thread to match
5. Optional (Washable) trims for simple embellishments on solid pillowcases.
6. Attention Quilters! This is a great project to use up quilting fabric yardage. Make the pillowcase size of your choice, leave the closed end open, and continue with the directions. Also, leftover quilt bias bindings are a great way to add interest to a solid pillowcase. Be creative and have fun!

Where to drop-off dresses by April 21, 2011

Christ Memorial Lutheran Church

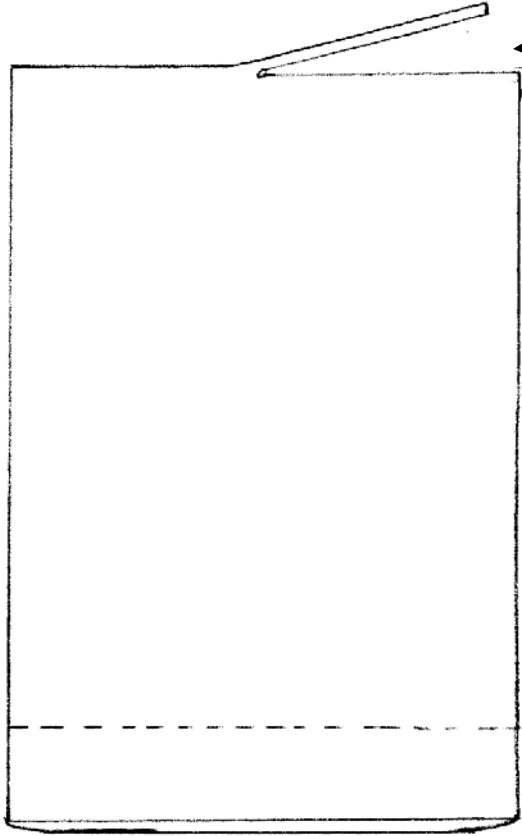
89 Line Road

Malvern PA 19355

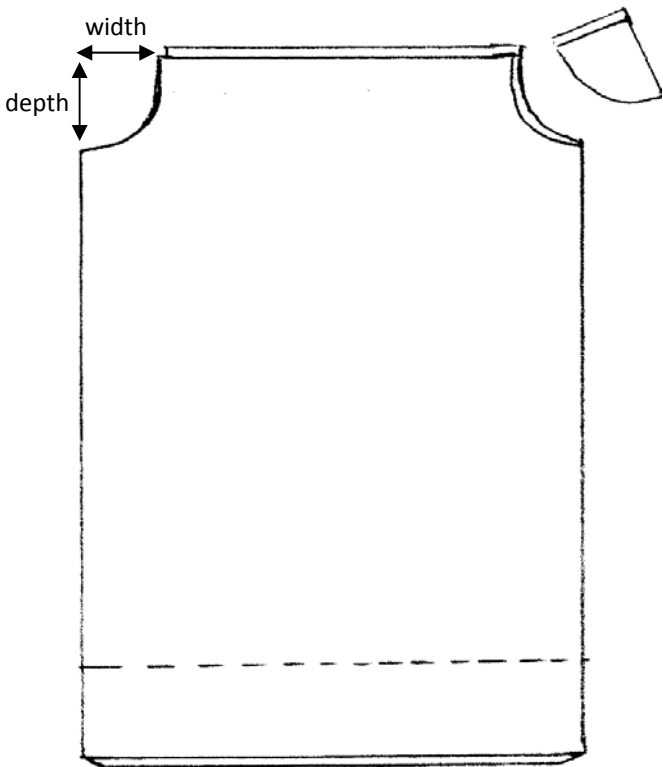
610-644-4508

hours: 9 AM – 3 PM weekdays; 8:30 AM – noon, Sundays

Instructions



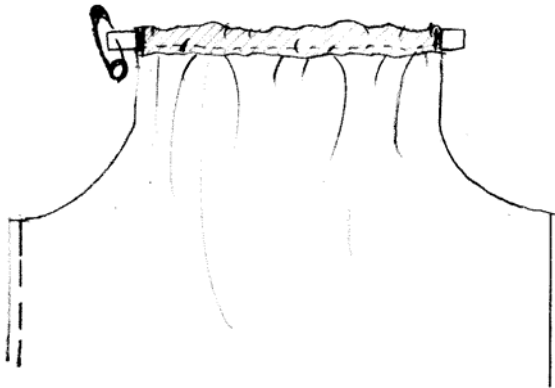
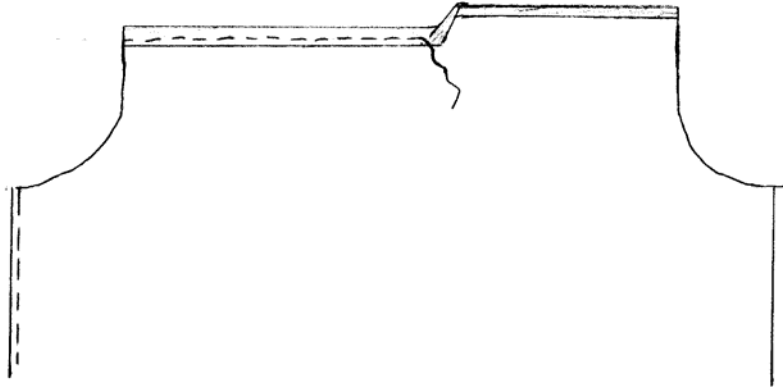
Step #1: Cut 1/2" off the closed end of the pillowcase.



Step #2: Lay pillowcase flat. Cut out "J" shaped arm holes on each side of the cut end.

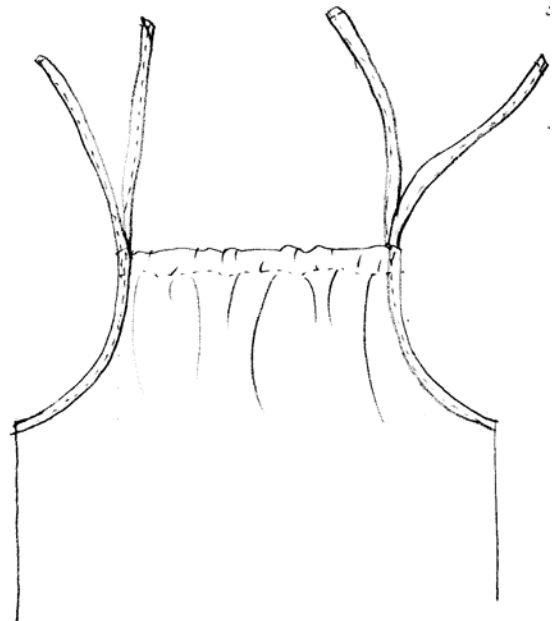
	<u>width</u>	<u>depth</u>
standard	3"	3"
full/queen	3.5"	4"
king	4"	5"

Step #3: To make elastic casing on dress Front and Back turn pillowcase inside out and press under a 1/4" on raw edges. Press under enough width again to accommodate your elastic. Stitch close to second fold.

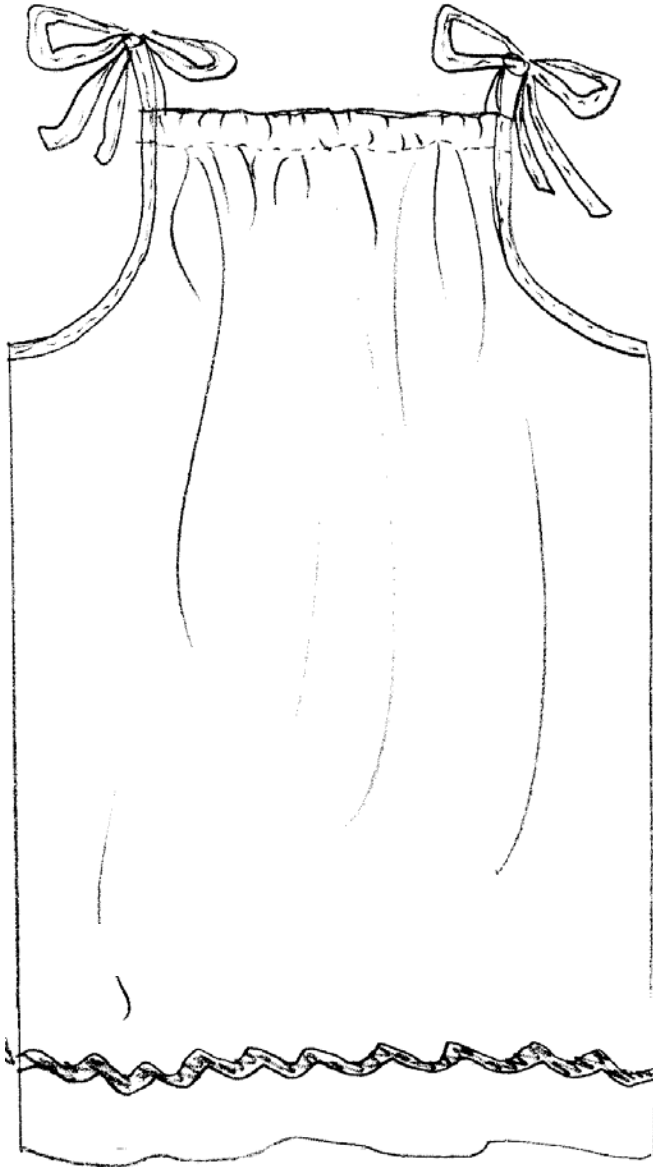


Step #4: Thread the elastic through one casing using a safety pin. Sew across each end to anchor elastic securely. Repeat for other casing. Top edge of dress, front and back, is now finished. Turn pillowcase right side out.

Step #5: To finish arm holes, center 27" bias tape at pillowcase dress sides. Sew bias tape over raw edges extending ties beyond elastic edge. Narrow hem bias tape ends or knot them.



Step #6: Tie your ties and your dress is finished!



Optional: There are many ways to embellish these dresses to make them fun. Be creative!

Here are a few ideas:

- add a pocket
- add ruffles and/or bows
- put on ribbon
- add banding
- add trim such as rick-rack
- use any cotton fabric in place of a pillowcase
- too see example pictures go to www.dressagirlaroundtheworld.com

Things to avoid:

- Using 'home décor' weight fabrics are uncomfortable to wear and do not hold up to washing
- Using 100% synthetic fabrics — these are uncomfortable in a hot climate
- Using too thin or sheer fabrics that can be 'see through' and do not wear well